# OFFICE OF PROGRAM SERVICES PROGRAM PROFILE

# **Residential Treatment Services for Adults**

**<u>Date of Program Profile Update</u>**: January 2010

## Who Can I Contact At DBHR For More Information?

Primary Secondary

Virginia Ochoa Regional Administrators

Adult Treatment Systems Manager Regional Treatment Managers

(360) 725-3745

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## What Residential Treatment Services Are Provided For Adults?

#### Intensive Inpatient

Intensive inpatient treatment provides a concentrated program, up to 30 days, of individual and group counseling, education, and activities for detoxified alcoholics and addicts and their families. This level of chemical dependency treatment provides services in accordance with ASAM Level III.5. There are currently 20 DBHR adult intensive inpatient contracts with providers and approximately 552 statewide adult intensive inpatient bed slots. Each patient participating in this level of chemical dependency treatment receives a minimum of 20 hours of treatment services each week.

#### Long-Term Treatment

Long-term treatment provides treatment with personal care services, up to 180 days, for chronically impaired adult alcoholics and addicts with impaired self-maintenance capabilities needing personal guidance to maintain abstinence and good health. This level of chemical dependency treatment provides services in accordance with ASAM Level III.3. There are currently seven DBHR adult long-term residential contracts with providers and approximately 135 statewide adult long-term residential bed slots. Each patient participating in this level of chemical dependency treatment receives a minimum of four hours of treatment each week.

## Recovery House

Recovery House Treatment provides personal care and treatment, up to 60 days, with social, vocational, and recreational activities to aid in patient adjustment to abstinence and to aid in job training, employment, or other types of community activities. This level of chemical dependency treatment provides services in accordance with ASAM Level III.1. There are currently five DBHR adult residential recovery house providers and approximately 58 statewide adult recovery house bed slots. Each patient participating in this level of chemical dependency treatment receives a minimum of five hours of treatment services each week.

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### Involuntary Treatment

Involuntary treatment provides a secure, long-term residential treatment program for chronic chemically dependent individuals who present a likelihood of serious harm to themselves or others or are gravely disabled by alcohol or drug addiction. After investigation and evaluation of the specific facts, a designated chemical dependency specialist may file a petition for commitment of the individual with the superior court, district court, or in another court permitted by court rule. There are currently two DBHR involuntary treatment programs and approximately 150 bed slots. Each patient participating in this level of chemical dependency treatment receives a minimum of four hours of treatment services each week.

## What Populations Are Served/Who Is Eligible For This Service?

Medicaid-eligible, GAU, or ADATSA-eligible chemically dependent adults including the aged, blind, and disabled are eligible for services. The majority of adults successfully entering the residential system are referred from ADATSA (Alcohol & Drug Addiction Treatment Support Act) assessment providers. (For more specific information regarding ADATSA, please refer to the ADATSA Program Profile.) Priority placement into the adult residential treatment system is given to:

- Pregnant Women.
- Intravenous Drug Users.
- Persons infected with HIV/AIDS.
- Parents with children in the home.
- Child Protective Service (CPS) referrals.
- SSI, GAU, GAX recipients.

When waiting lists occur for services, priority is given to the above populations. Funding eligibility also allows use of TANF (Temporary Assistance to Needy Families), SSI, private payment, and insurance when available. With treatment expansion funds, priority will be given to Medicaid clients designated as SSI-related, aged, blind, and disabled, and presumptive disability (GA-X).

#### **How Many People Are Served?**

In fiscal year 2009:

- 9,066 unduplicated adults were admitted to intensive inpatient services.
- 653 unduplicated adults were admitted to recovery house services.
- 2,443 unduplicated adults were admitted to long-term chemical dependency treatment services.

(Source: DASA Treatment Analyzer/TARGET)

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## What Is The Biennial Funding Amount and Sources?

For the 2009-11 Biennium, total funding for adult residential treatment services is approximately \$56.9 million. Sources of funds include General Fund State, Temporary Assistance to Needy Families (TANF), and Federal SAPT Grant.

## What Would Be The Impact If This Funding Were No Longer Available?

Without residential treatment, many of these adults would continue to suffer the negative consequences of their addictions to alcohol and other drugs. In addition, these adults would not be able to maintain employment, contribute financially to their community, and would possibly end up in emergency psychiatric, medical, or criminal justice systems. Finally, some untreated adults may end up homeless and suffer emotional problems, which may lead to suicide and death.

#### What Other Agencies Collaborate With DBHR To Implement This Program?

DASA-contracted chemical dependency treatment providers coordinate service delivery with County Alcohol and Drug Coordinators, the Department of Corrections, and other state and county programs.

## What Are The Sources For More Information?

Alcohol/Drug Hotline, 1-800-562-1240